

Pixalere Basic Upper Limb Assessment Worksheet		
Date	Name	PixID#
Parameters	Right Upper Limb	Left Upper Limb
Missing Limbs or Digits	☐ Arm above elbow ☐ Arm below elbow ☐ Hand partial ☐ Hand all ☐ Thumb ☐ Second finger ☐ Third finger ☐ Fourth finger ☐ Fifth finger ☐ Not applicable	☐ Arm above elbow ☐ Arm below elbow ☐ Hand partial ☐ Hand all ☐ Thumb ☐ Second finger ☐ Third finger ☐ Fourth finger ☐ Fifth finger ☐ Not applicable
Skin Colour	Arm: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black	Arm: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black
	Hand: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black	Hand: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black
	Fingers: ☐ Pale ☐ Flesh tone ☐ Red ☐ Bluish/purple ☐ Black	Fingers: ☐ Pale ☐ Flesh/tone ☐ Red ☐ Bluish/purple ☐ Black
Skin Warmth	Lower Arm: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Lower Arm: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
	Hand: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Hand: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
	Fingers: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Fingers: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
Circulation Pulses by Palpation	Brachial: ☐ Present ☐ Diminished ☐ Absent	Brachial : ☐ Present ☐ Diminished ☐ Absent
	Radial: ☐ Present ☐ Diminished ☐ Absent	Radial: ☐ Present ☐ Diminished ☐ Absent
Capillary Refill ≤3 sec	☐ Yes ☐ No	☐ Yes ☐ No
Range of Motion	Elbow: ☐ Normal ☐ Decreased Wrist: ☐ Normal ☐ Decreased Thumb: ☐ Normal ☐ Decreased	Elbow: ☐ Normal ☐ Decreased Wrist: ☐ Normal ☐ Decreased Thumb: ☐ Normal ☐ Decreased

Pixalere Basic Upper Limb Assessment Worksheet con't		
Parameter	Right Upper Limb	Left Upper Limb
Edema	Location ☐ Fingers ☐ Hand ☐ Up to elbow ☐ Up to shoulder ☐ No visible edema	☐ Fingers ☐ Hand ☐ Up to elbow ☐ Up to shoulder ☐ No visible edema
	Severity ☐ +1 Trace 2mm pitting ☐ +2 Moderate 4mm pitting ☐ +3 Deep 6mm pitting ☐ +4 Very deep 8mm pitting ☐ Non-pitting ☐ None noted	☐ +1 Trace 2mm pitting ☐ +2 Moderate 4mm pitting ☐ +3 Deep 6mm pitting ☐ +4 Very deep 8mm pitting ☐ Non-pitting ☐ None noted
Circumference Measurements	Wrist : _____ cm Forearm: _____ cm	Wrist : _____ cm Forearm: _____ cm
Skin Appearance	☐ Dry/flaky ☐ Itchy ☐ Rash present ☐ Fragile ☐ Weepy ☐ Hairless ☐ Mottled ☐ Moist/waxy ☐ Healed wound/scar ☐ Blister(s) noted ☐ Wound(s) present ☐ None of the above	☐ Dry/flaky ☐ Itchy ☐ Rash present ☐ Fragile ☐ Weepy ☐ Hairless ☐ Mottled ☐ Moist/waxy ☐ Healed wound/scar ☐ Blister(s) noted ☐ Wound(s) present ☐ None of the above
Sensation	☐ Numbness ☐ Burning ☐ Tingling ☐ Crawling ☐ Continuous ☐ Intermittent ☐ None of the above	☐ Numbness ☐ Burning ☐ Tingling ☐ Crawling ☐ Continuous ☐ Intermittent ☐ None of the above
Pain	☐ Ache ☐ Knife-like ☐ Continuous ☐ Intermittent ☐ Nonverbal response ☐ No pain	☐ Ache ☐ Knife-like ☐ Continuous ☐ Intermittent ☐ Nonverbal response ☐ No pain
Comments		
Signature/Designation		