

Pixalere Basic Lower Limb Assessment Worksheet		
Date	Name	PixID#
Parameters	Right Lower Limb	Left Lower Limb
Missing Limbs or Digits	☐ Leg above knee ☐ Leg below knee ☐ Foot partial ☐ Foot all ☐ Great toe ☐ Second toe ☐ Third toe ☐ Fourth toe ☐ Fifth toe ☐ Not applicable	☐ Leg above knee ☐ Leg below knee ☐ Foot partial ☐ Foot all ☐ Great toe ☐ Second toe ☐ Third toe ☐ Fourth toe ☐ Fifth toe ☐ Not applicable
Skin Colour	Lower Leg: ☐ Pale ☐ Flesh tone ☐ Red ☐ Bluish/purple ☐ Black	Lower Leg: ☐ Pale ☐ Flesh tone ☐ Red ☐ Bluish/purple ☐ Black
	Foot: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black	Foot: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black
	Toes: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black	Toes: ☐ Pale ☐ Flesh Tone ☐ Red ☐ Bluish/Purple ☐ Black
Skin Warmth	Lower Leg: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Lower Leg: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
	Foot: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Foot: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
	Toes: ☐ Hot ☐ Warm ☐ Cool ☐ Cold	Toes: ☐ Hot ☐ Warm ☐ Cool ☐ Cold
Circulation Pulses by Palpation	Dorsalis Pedis: ☐ Present ☐ Diminished ☐ Absent	Dorsalis Pedis: ☐ Present ☐ Diminished ☐ Absent
	Posterior Tibial: ☐ Present ☐ Diminished ☐ Absent	Posterior Tibial: ☐ Present ☐ Diminished ☐ Absent
Capillary Refill ≤3 sec	☐ Yes ☐ No	☐ Yes ☐ No
Range of Motion	Knee: ☐ Normal ☐ Decreased Ankle: ☐ Normal ☐ Decreased Great Toe: ☐ Normal ☐ Decreased	Knee: ☐ Normal ☐ Decreased Ankle: ☐ Normal ☐ Decreased Great Toe: ☐ Normal ☐ Decreased

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Parameter	Right Lower Limb	Left Lower Limb
Edema	☐ Foot ☐ Up to ankle ☐ Up to midcalf ☐ Up to knee ☐ Up to groin ☐ No visible edema	☐ Foot ☐ Up to ankle ☐ Up to midcalf ☐ Up to knee ☐ Up to groin ☐ No visible edema
Severity	☐ +1 Trace 2mm pitting ☐ +2 Moderate 4mm pitting ☐ +3 Deep 6mm pitting ☐ +4 Very deep 8mm pitting ☐ Non-pitting ☐ None noted	☐ +1 Trace 2mm pitting ☐ +2 Moderate 4mm pitting ☐ +3 Deep 6mm pitting ☐ +4 Very deep 8mm pitting ☐ Non-pitting ☐ None noted
Circumference Measurements	10cm up from heel: _____ cm 30cm up from heel: _____ cm	10cm up from heel: _____ cm 30cm up from heel: _____ cm
Skin Appearance	☐ Dry/flaky ☐ Itchy ☐ Rash present ☐ Fragile ☐ Weepy ☐ Hairless ☐ Mottled ☐ Moist/waxy ☐ Healed wound/scar ☐ Blister(s) noted ☐ Wound(s) present ☐ None of the above	☐ Dry/flaky ☐ Itchy ☐ Rash present ☐ Fragile ☐ Weepy ☐ Hairless ☐ Mottled ☐ Moist/waxy ☐ Healed wound/scar ☐ Blister(s) noted ☐ Wound(s) present ☐ None of the above
Sensation	☐ Numbness ☐ Burning ☐ Tingling ☐ Crawling ☐ Continuous ☐ Intermittent ☐ None of the above	☐ Numbness ☐ Burning ☐ Tingling ☐ Crawling ☐ Continuous ☐ Intermittent ☐ None of the above
Pain	☐ Ache ☐ Knife-like ☐ Continuous ☐ Intermittent ☐ None verbal response ☐ No pain	☐ Ache ☐ Knife-like ☐ Continuous ☐ Intermittent ☐ None verbal response ☐ No pain
Comments		
Signature/Designation		