



## SPINAL RANGE OF MOTION AND STRENGTH

| Name:<br>DOB:<br>Gender:<br>Home Address: | Age:                 |        | PARIS ID:<br>PHN:<br>Phone: |        |
|-------------------------------------------|----------------------|--------|-----------------------------|--------|
| Assessment Start Date:                    | Assessment End Date: |        | Carried Out By:             |        |
| Range of Motion                           |                      |        |                             |        |
|                                           |                      | Pasive |                             | Active |
| Cervical Extension                        |                      |        |                             |        |
| Cervical Flexion                          |                      |        |                             |        |
| Cervical Rotation - Right                 |                      |        |                             |        |
| Cervical Rotation - Left                  |                      |        |                             |        |
| Cervical Side Flexion - Right             |                      |        |                             |        |
| Cervical Side Flexion - Left              |                      |        |                             |        |
| Lumbar Flexion                            |                      |        |                             |        |
| Lumbar Extension                          |                      |        |                             |        |
| Trunk Rotation - Right                    |                      |        |                             |        |
| Trunk Rotation - Left                     |                      |        |                             |        |
| Trunk Side Flexion - Right                |                      |        |                             |        |
| Trunk Side Flexion - Left                 |                      |        |                             |        |
| Comments and Other (e.g Thoracic mov      | vements):            |        |                             |        |
|                                           |                      |        |                             |        |
| Strength                                  |                      |        |                             |        |
| Strength (cervical, abdominal, spinal ex  | tension, etc.):      |        |                             |        |
| Posture                                   |                      |        |                             |        |
| Posture (skeletal deformity):             |                      |        |                             |        |

## SPINAL RANGE OF MOTION AND STRENGTH

| Name:                                                                                               |             |           | PARIS ID: |  |  |
|-----------------------------------------------------------------------------------------------------|-------------|-----------|-----------|--|--|
| Needs                                                                                               |             |           |           |  |  |
| Need                                                                                                | Post to C/P | Processed | Comments  |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
| Casenotes                                                                                           |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |
| Note: Once downtime information from this form has been entered in PARIS, shred this working sheet. |             |           |           |  |  |
|                                                                                                     |             |           |           |  |  |