

MATERNAL CASENOTE

Name:		Casenote Date:	Paris Id:
DOB:	Age:	Team:	
Gender:		Physician:	
PHN:		School Name:	
Home Address:		Phone:	

Activity/Rest and Attachment

Needs

AR - Rest/Sleep Variance

AR - Activity Variance

ATT - Attachment Relationship Risk

Interventions

CHN provided information/support re: strategies to manage rest/sleep variance

Client to implement strategies to manage rest/sleep variance

Other

CHN provided information/support re strategies to manage activity variance

Client to implement strategies to manage activity variance

CHN referred to

Client to self refer to

Other

CHN provided information/support re: impact of attachment risks

CHN provided information re: strategies to achieve potential for a secure caregiver-infant relationship

Client to create an enviroment that enhances positive caregiver-infant relationship

CHN referred to

Client to self refer to

CHN informed primary care provider

by

Other

Emotional Status

Needs

EM - Postpartum Depression Risk

Interventions

CHN provided information/support re: strategies to reduce postpartum depression risk

Client to implement strategies to reduce postpartum depression risk

- CHN referred to
- Client to self refer to
- CHN informed primary care provider
- by
- Client to seek medical assessment at
- Other

EM - Mental Health variance (diagnosed postpartum depression and other mental health variances)

- CHN provided information/support re: observed signs and symptoms of a potential health variance
- CHN provided support re: mental health variance management
- Client to implement strategies to manage mental health variance
- CHN referred to
- Client to self refer to
- CHN informed primary care provider
- by
- Client to seek medical assessment at
- Other

Family Function and Personal Safety

Needs

FAM - Family adjustments/function variance

Interventions

- CHN provided information/support re: impact of family adjustment/function variance
- Client to implement strategies to reduce impact of family adjustment/function variance
- CHN referred to
- Client to self refer to
- Other

FAM - Sibling rivalry

- CHN provided information/support re: strategies to manage sibling rivalry
- Client to implement strategies to manage sibling rivalry
- CHN referred to
-

Name:

Paris ID:

Client to self refer to

Other

SAFE - Personal Safety Risk

CHN provided information/support re: impact of personal safety risk

CHN provided information/support re: strategies to manage personal safety

Client to implement strategies to manage personal safety

CHN referred to

Client to self refer to

Other

Family Planning/Sexuality

Needs

SEX - Family planning issues

Interventions

CHN provided information/support re: to manage family planning issues

Client to implement strategies to manage family planning issues

CHN referred to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

SEX - Sexual activity issues

CHN provided information/support re: to manage sexual activity issues

Client to implement strategies to manage sexual activity issues

CHN referred to

Client to self refer to

Other

Health Follow-Up

Needs

HF - Lack of primary care provider

Interventions

CHN provided information/support re: accessing primary care providers

Client to implement strategies to access primary care providers

Other

Name:

Paris ID:

HF - Inadequate health follow-up plan

CHN provided information/support on impact of inadequate health follow-up plan

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Lifestyle and Support Systems/Resources

Needs

LIFE - Safety hazards in home

Interventions

CHN provided information/support re: strategies to manage safety hazards in home

Client to implement strategies to manage safety hazards in the home

CHN referred to

Client to self refer to

Other

LIFE - Tobacco use

CHN provided information/support re: impact of tobacco use

CHN provided information/support re: strategies to reduce/eliminate tobacco use

Client to implement strategies to reduce/eliminate tobacco use

CHN referred to

Client to self refer to

Other

LIFE - Drugs and alcohol misuse

CHN provided information/support re: impact of drug/alcohol misuse

CHN provided information/support re: strategies to reduce/eliminate drug/alcohol misuse

Client to implement strategies to reduce/eliminate drug/alcohol misuse

CHN referred to

Client to self refer to

Other

SUP - Support systems/resources variance

CHN provided information/support re: access to community resources

CHN referred to

Client to self refer to

Other

Breasts

Needs

BR - Abundant Breast Milk Supply

BR - Low productions of breast milk

BR - Signs of engorgement

BR - Plugged milk ducts

Interventions

CHN provided information/support re: possible newborn indicators of abundant breast milk supply

CHN provided information/support re: management of abundant breast milk supply

Client to implement strategies to reduce impact of abundant supply

Other

CHN provided information/support re: strategies to increase milk supply

Client to pump

CHN referred to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

CHN provided information/support re: management of engorgement

CHN provided information/support re: pain management

Client to implement pain management strategies

Client to breastfeed a minimum of 8-12 times in 24 hours

Client to apply heat source to breasts prior to feeding

Client to hand massage prior to feeding

Client to hand express/pump prior to feeding

Client to apply ice packs/cabbage leaves after feeding

Other

CHN provided information/support re: management of plugged ducts

CHN provided information/support re: pain management

Client to breastfeed/pump frequently starting with affected side

Client to vary feeding positions to empty all breast quadrants

- Client to apply heat to affected area
- Client to deep massage to affected area
- Client to avoid pressure to area e.g. loosen restrictive clothing
- Client to observe for signs of infection
- Client to implement pain management strategies
- Other

BR - Signs of breast infection

- CHN provided information/support re: management of possible breast infection
- CHN provided information/support re: pain management
- Client to breastfeed/pump frequently starting with affected side
- Client to vary feeding positions to empty all breast quadrants
- Client to apply heat to affected area
- Client to avoid pressure to area e.g. loosen restrictive clothing
- Client to observe for signs of infection
- Client to implement pain management strategies
- CHN referred to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

BR - Nipple Variance

- CHN provided information/support re: strategies to resolve nipple variance
- CHN provided information/support re: pain management
- Client to implement recommended alternate feeding positions
- Client to hand express/pump prior to feeding
- Client to begin feeding on least tender side
- Client to apply colostrums/breast milk to nipples prior to feeding
- Client to apply to nipples

Client to change breast pads frequently

Client to rest nipples X hours

Client to implement pain management strategies

CHN referred client to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Abdomen/Incision

Needs

ABD - Involution Variance

Interventions

CHN provided information/support re: self_assessment of involution

CHN informed primary care provider

by

Client to seek medical assessment at

Other

ABD - Abdominal incision variance

CHN provided information/support re: abdominal incision variance management

CHN provided information/support re: pain management

Client to implement strategies to manage abdominal incision management

Client to implement pain management strategies

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Perineum and Lochia

Needs

PERI - Signs of perineal infection

Interventions

CHN provided information/support re: perineal infection management

CHN provided information/support re: pain management

Client to implement strategies to manage signs of perineal infections

Client to implement pain management strategies

CHN informed primary care provider

by

Client to seek medical assessment at

Other

PERI - Signs of haematoma

CHN provided information/support re: haematoma management

CHN provided information/support re: pain management

Client to implement strategies re: haematoma management

Client to implement pain management strategies

CHN informed primary care provider

by

Client to seek medical assessment at

Other

PERI - Episiotomy/tear variance

CHN provided information/support re: episiotomy/tear variance management

CHN provided information/support re: pain management

Client to implement episiotomy/tear variance management strategies

Client to implement pain management strategies

CHN informed primary care provider

by

Client to seek medical assessment at

Other

LOCH - Lochia variance

CHN provided information/support re: lochia variance management

Client to observe clots which appear to be larger than a loonie

Client to observe for abnormal increase in lochia volume/colour changes

Client to self-monitor for signs of infections

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Elimination

Needs

ELIM - Bowel function/pattern variance

Interventions

CHN provided information/support re: bowel function variance

Client to implement strategies to improve bowel function

Client to seek medical assessment at

Other

ELIM - Haemorrhoid variance

CHN provided information/support re: haemorrhoid variance management

Client to implement strategies to manage haemorrhoids

CHN informed primary care provider

by

Client to seek medical assessment at

Other

ELIM - Urinary function variance

CHN provided information/support re: urinary function variance

Client to implement strategies to manage urinary function

CHN referred client to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

ELIM - Urinary tract variance

CHN provided information/support re: signs of urinary tract variance

Client to implement strategies to manage urinary tract variance

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Nutrition

Needs

NT - Fluid/food intake variance

Interventions

CHN provided information/support re: management of fluid/food intake variance

Name:

Paris ID:

Client to implement strategies to manage fluid/flood intake variance

Client to complete current supply of prenatal vitamins

Client to follow Canada Food Guide recommendations

CHN referred client to

Client to self refer to

Other

NT - Access to nutritious foods variance

CHN and client to develop a plan to access nutritious food resources

Client to implement strategies to manage access nutritious food resources

CHN referred client to

Client to self refer to

Other

Vital Signs

Needs

VS - Temp/fever variance

Interventions

CHN provided information/support re: temp/fever variance management

Client to implement strategies to manage temp/fever variance

CHN informed primary care provider

by

Client to seek medical assessment at

Other

VS - Pulse/cardio variance

CHN provided information/support with pulse/cardio variance

Client to implement strategies to manage pulse/cardio variance

CHN informed primary care provider

by

Client to seek medical assessment at

Other

VS - Respiratory variance

CHN provided information/support with respiratory variance management

Client to implement strategies to manage respiratory variance

CHN informed primary care provider

by

Client to seek medical assessment at

Other

VS - B/P variance

CHN provided information/support with B/P variance management

Client to implement strategies to manage B/P variance

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Other

Needs

OTH - Other variance

Interventions

CHN provided information/support with variance management

Client to implement strategies to manage variance

CHN referred client to

Client to self refer to

CHN informed primary care provider

by

Client to seek medical assessment at

Other

Next Planned Contact/Visit

Planned Date:

Week(s):

Month(s):

Contact Type:

Reason:

Planned Staff:

Completed Previous Planned Date:

Type of Contact

Contact #1:	Duration:	hr	min
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Contact #2:	Duration:	hr	min
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Contact #3:	Duration:	hr	min
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Contact #4:	Duration:	hr	min
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Name:

Paris ID:

Casenotes

Note: Once downtime information from this form has been entered in PARIS, shred this working sheet.

----- **End of Report** -----